

# PLAZABAR

## LUNCH MENU

### ***How are things Cove!***

A Covey is someone who is born and bred in the beautiful town of Westport. Some argue that real “Coveys” are born right here on Castlebar Street! Over many generations Coveys have developed their own dialect which adds to the charm of our town and gives Westport its distinctive culture. So to capture this we decided to name our restaurant “Coveys”.

## LIGHT BITES

NEW

### GOATS CHEESE SANDWICH **v**

Grilled Goats Cheese served on Mediterranean Focaccia bread with black olives & sundried tomato tapenade, finished with rocket leave, beef tomato & basil pesto.

### COVEYS CAJUN CHICKEN WRAP **€10.50**

Sliced breast of cajun spiced chicken with sweet roasted pepper mayo and sun-blushed tomato.

### SIGNATURE CHICKEN PANUOZZO SANDWICH **€11.50**

Italian style sandwich with chicken, jalapeño relish, tomato, lettuce, onion, & parmesan cheese finished with garlic mayonnaise.

### JOE'S VEGETARIAN PANUOZZO SANDWICH **€10.00**

Italian style sandwich with marinated cherry tomato, roast grilled Mediterranean vegetables, buffalo mozzarella, fresh rocket & basil pesto.

NEW

### AUTHENTIC INDIAN POTATO FRITTER **€9.50**

Spiced potato, coconut & coriander chutney, mixed leaf salad.

NEW

### COVEYS HOUSE HUMMUS **€9.50**

Creamy hummus topped with Ras El Hanout spiced chickpeas, sumac & olive oil, served with flat bread.

## STARTERS

### HOMEMADE SOUP OF THE DAY **v c** **€6.00**

Served with house brown bread.

### CREAMY ATLANTIC SEAFOOD CHOWDER **c** **€9.00**

Salmon, cod, smoked haddock & mussels in a creamy broth, served with house brown bread.

### HOUSE GARLIC BREAD **v** **€6.90**

Pizza base finished with mozzarella cheese, garlic, parsley & extra virgin olive oil. Served with rocket & parmesan.

### PLAZA BRUSCHETTA **v** **€7.90**

Classic tomato and basil salsa served on our house stone baked flatbread, finished with extra virgin olive oil.

### MARINATED TIGER PRAWNS **c** **€11.90**

Grilled king prawns in a lime & chilli marinade, served on house pickled vegetables & an asian style dressing.

### STICKY BBQ CHICKEN WINGS **c** **€9.00**

with our homemade ranch dressing

NEW

### GOATS CHEESE TARTLET **€10.90**

Aubergine caponata & goats cheese tartlet, rocket & tomato salad, homemade basil pesto.

### SUPER SALAD **v c** **€10.00**

Roasted sweet potato, quinoa, beetroot, pomegranate, mixed seeds, olives, avocado & mozzarella cheese.

Add chicken **€4.00 extra**

Add prawns **€4.50 extra**

Add smoked salmon **€4.50 extra**

Add goats cheese **€3.00 extra**

# MAINS

**TRADITIONAL FISH & CHIPS €17.00**  
Beer battered fresh haddock, served with pea purée, tartar sauce & homemade chips.

**NEW GRILLED FILLET OF ATLANTIC SALMON c €19.90**  
Bulgur & grilled vegetable tabbouleh, roasted red pepper & smoked paprika coulis, basil oil.

**NEW ROAST SUPREME OF IRISH CHICKEN c €16.90**  
Celeriac & truffle puree, green lentils & pearl onions chicken jus.

**BEEF LASAGNE €15.90**  
Slow cooked beef ragu lasagne, served with homemade coleslaw, chips and garlic bread.

**STEAK SANDWICH c €17.90**  
Chargrilled succulent Irish minute steak with garlic mayonnaise, wild rocket leaves, flat cap mushroom & red onion jam on rustic sourdough demi baguette.

Served with homemade chips.  
*Add cheese 50c extra*  
*Gluten Free available on request*

**NEW AUTHENTIC INDIAN CHICKEN CURRY c €17.50**  
Carefully prepared by our Chef Piyush Sharma hailing from the 'City of Love', Uttar Pradesh. Perfect balance of spices & flavours complemented by crispy onion & fresh coriander.  
Served with naan bread & basmati rice.

**NEW VEGETARIAN CURRY v c €13.50**  
Carefully prepared by our Chef Piyush Sharma hailing from the 'City of Love', Uttar Pradesh. Perfect balance of spices & flavours complemented by crispy onion & fresh coriander. Served with naan bread & basmati rice.

**SUPER SALAD v c €12.90**  
Roasted sweet potato, quinoa, beetroot, pomegranate, mixed seeds, olives, avocado & mozzarella cheese  
*Add chicken €4.00 extra*  
*Add prawns €4.50 extra*  
*Add smoked salmon €4.50 extra*  
*Add goats cheese €3.00 extra*

## SIDES

HOMEMADE CHIPS €4.50  
SWEET POTATO CHIPS €5.00  
ONION RINGS €4.50  
SEASONAL FRESH SALAD €4.50  
FRESH VEGETABLES €4.50  
CREAMY POTATOES €4.50  
COLESLAW €3.00  
GARLIC MAYONNAISE €1.50

FOOD ALLERGY NOTICE;

Food prepared here may contain nuts and other ingredients which can cause allergic reactions. If you or any of your guests have an allergy please inform your server and our chefs will be happy to accommodate your needs.

FRIENDLY OPTIONS AVAILABLE:

**C** COELIAC | **V** VEGETARIAN | **I**  **VEGAN**



*We support local!*  
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# GOURMET BURGERS

## THE CHICKEN FILLET BURGER c €15.50

Chargrilled chicken breast served with tomato, lettuce, cucumber, red onion & garlic mayonnaise in a brioche bap.

Add cheese 50 c extra  
Add streaky bacon €1.50 extra

## THE 6OZ BEEF BURGER c €15.90

Served with tomato, lettuce, onion, chefs secret sauce & pickle in a brioche bap.

Add cheese 50 c extra  
Add streaky bacon €1.50 extra

## BEYOND MEAT BURGER © v c €16.00

The world's first plant-based burger that looks, cooks and satisfies like beef without GMOs, soy, or gluten. Served with jalapeño relish, lettuce, tomato, vegan mayonnaise in a seeded vegan bun. Served with green leaf salad

**ALL BURGERS SERVED WITH  
CHIPS & COLESLAW**

*Gluten Free available on request*

# 9" LUNCH PIZZA - FORNI VALORIANI

Experience the true taste of Italy with our authentic, stone-baked artisan pizza. Our pizza dough is crafted in-house from the finest 00 Italian flour, fresh yeast, and extra virgin olive oil, fermented for 48 hours to enhance its flavors. The sauce is made with the freshest Italian tomatoes and the pizza is topped with original Italian Fior di latte cheese. Every bite will transport you to the beautiful, rustic landscape of Italy, where food is not just a meal but a celebration of life.

## MARGHERITA v €13.50

Mozzarella cheese, tomato sauce, fresh basil pesto

## SPICY PEPPERONI €15.50

Pepperoni, jalapeño, tomato sauce, mozzarella cheese

## GOATS CHEESE & CHORIZO €15.50

Tomato sauce, spanish chorizo, goats cheese & red onion jam

## GOATS CHEESE & ROCKET €15.50

Tomato sauce, goats cheese, red onion jam & fresh rocket leaves

## NEW VEGETARIAN v €15.00

Bianco based pizza, topped with lemon & basil ricotta, finished with oven roasted juicy cherry tomato, olives & fresh rocket leaves

## HAM & MUSHROOM PIZZA €15.50

Slow cooked ham, garlic roasted portobello mushrooms, mozzarella cheese, tomato sauce

## CAJUN CHICKEN PIZZA €15.50

Tomato sauce, cajun spiced grilled chicken breast, jalapeños, mozzarella cheese & barbeque sauce

*Gluten Free Pizza Base available on request*

## ADD TO YOUR PIZZA!

Mozzarella Cheese	€3.00	Rocket Leaves	€1.50	Olives	€1.50
Goats Cheese	€3.00	Portobello Mushroom	€2.00	Garlic Dip	€1.50
Prawns	€4.50	Jalapeños	€1.50	Spanish Chorizo	€3.00
Smoked Salmon	€4.50	Pulled Ham	€3.00	Cajun Chicken	€3.50
Parmesan Cheese	€3.00	Pineapple	€1.50		